Top Tips for Safe Health Care



What you need to know for yourself, your family or someone you care for.

- Ask questions
 - You have the right to ask questions about your care.
- Find good information

 Not all information is reliable. Ask your doctor for guidance.

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- Understand the risks and benefits
 - Find out about your tests and treatments before they happen.
- Ask your doctor or pharmacist if you need more information about the medicines you are taking.
- Confirm details of your operation beforehand

 Ask to be told who will be doing your procedure and what will happen to you.
- Ask about your care after leaving hospital

 Ask for a written outline of your treatment and what should happen after you get home.
- Know your rights

 You have a number of rights as a patient. Read our guide to find out what they are.
- Understand privacy

 Your medical information is confidential. You can ask to see your medical record.
- Give feedback
 Feedback helps health professionals spot when improvements can be made.

Download our free booklet at: www.safetyandquality.gov.au/toptips

AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE